

## MORNING AND EVENING PRAYERS FOR THE WEEK OF AUGUST 2

### **Monday: Morning Prayer**

Guiding God be with us in our going out and coming home; in our journeying and returning; in our decision making and organizing. Guarding God be with us through the calm and through the storm. Be our comfort when we're hurting. Be our helper when we're falling. Gracious God walk with us every moment of this new day. We ask this in the name of our Lord. Amen

### **Monday: Evening Prayer**

Dear God, night falls. It's time for me to count my blessings. As I name them one by one, I feel my problems disappear. I'm amazed by how easy it is to make my bitter heart happy again. Thank you for making me keenly aware of the good that surrounds me. I am blessed with appreciation for all I have. Amen

### **Tuesday: Morning Prayer**

This morning, and all mornings as we face the day daunted by expectations others place upon us, weighed down by burdens, unsure of outcomes, opposed, alone, afraid; remind us that you faced all this and more, that we might loose these chains that bind us, rise above and beyond the troubles of this world, and know peace. To the one who has overcome we bring our thanks and praise. Amen

### **Tuesday: Evening Prayer**

Lord, thank you for today, for all the ways in which I have known you...for the sunrise and the birdsong. For the music I've heard, and the things I've enjoyed. For the meals, and for the cozy home I live in. For my close family and for my special friends Most of all, thank you for being beside me through each moment. May I dream good dreams and arise again tomorrow to thank you once more. Amen.

### **Wednesday: Morning Prayer**

I enter this day with joy knowing you are with me every step of the way, knowing there is a purpose to each breath that I take, knowing there is a hope toward which I walk. I enter this day with faith knowing you are the strength which I depend on, knowing you are the love that is all embracing, knowing it is your peace which calms my soul. I enter this day with praise knowing that I worship with service as with voice, hoping that my words might reveal your truth, hoping that your grace might touch another heart. Amen

### **Wednesday: Evening Prayer**

Dear Lord of day and night, here, safe in my home, I drink in your peace. Help me to sift through the many experiences, feelings and thoughts I have encountered today. I allow myself to rest, to wind down and to sleep. Help me to surrender all I am to you, my fatigue, my concerns, my hopes and fears. As I drift into sleeping I choose to hold your hand. I choose to live with you. I choose to believe, I choose to trust, I choose you always. Amen.

### **Thursday: Morning Prayer**

I call to you, Lord at the dawn of this new day, place into your hands family and friends, work to be done, decisions I shall make, obstacles I encounter, strangers who pass my way, the service I

shall offer. I call to you, Lord at the dawn of this new day, my rock and my fortress, my strength and deliverer, for all I am is yours, each moment of this day gifted to me by grace, and offered in your name, my offering of praise. Hear the prayers of my heart. Amen

#### **Thursday: Evening Prayer**

Dear Lord Jesus, thank you that you have kept me safely through another day. Forgive me Lord for the wrong thoughts and attitudes that I have allowed to trouble my mind today. Forgive me Lord for the times that I have allowed pressure to take away the perfect peace I have in you. Into your hands I commend myself Lord, as I settle down to sleep. Wake me up tomorrow I pray, ready to serve you, for your mercies are new every morning – great is your faithfulness! In Jesus name I pray. Amen

#### **Friday: Morning Prayer**

Glorious Lord, I pray that I will stay focused on you today. I pray that you will constantly remind me to be content in all of my circumstances. I pray that you will fill me up that I may be joyful all day, even if stress creeps in. I know that through my contentment, you will be glorified. I want to honor you in all that I do. I praise your holy name! Amen

#### **Friday: Evening Prayer**

Lord of all that is good and right, please hold the ones I love as they sleep. Bless them with peace that surpasses understanding, sow in them hope that cannot be put out, grow in them dreams and visions for their future and protect them with your unconditional love. Hear the prayer of my heart. Amen

#### **Saturday: Morning Prayer**

Dear Lord, I pray that you would give me strength to be strong for you in the world today. Lord, you know the struggles that I will face today. Be with me as I go through them. Carry me if I am too weak to move. If I stumble in them, forgive me Lord. When I succeed in them, I will praise you! You are worthy of all praise and honor. Amen.

#### **Saturday: Evening Prayer**

Lord, you bless us as we rest. Restore us as we sleep. You care for us as we drift off and make our dreaming sweet. You are the safest place. You are the God of grace and forgiveness, and we are loved and held by you. You know our thoughts and feelings. You see our deep desires. You understand our weariness and catch each tear we cry. You walk beside us every day. You are a constant friend. You stay with us all through the night. On you we can depend. For the promise of your faithfulness, we offer our praise and thanksgiving and prayer that we return, faithfulness to you. Amen

#### **Sunday: Morning Prayer**

Dear Lord, thank you so much for another day of life on Earth. Thank you for another beautiful sunrise to enjoy. Thank you for the wonderful sounds of nature, from the cool breeze brushing through the trees to the birds singing melodies. You are a wonderful God, full of grace and mercy. I praise you for allowing me another day to spend with my family. I love you Lord! Amen.

**Sunday: Evening Prayer**

Everlasting Lord, thank you for all the good gifts you give to us. May I dwell in this goodness as I sleep, and awake tomorrow with love, faith and hope for a new day. Amen.